

The Spa  
at Sheraton Melbourne



# RELAXING INDULGENCE

valid until 30th September 2014

## Calm and Collected Package 70 minutes

**Weekday \$138**

**Weekend \$158 (Normally \$229)**

The perfect way to relax, indulge and enjoy a day out with friends or family. Our spa treatment includes a foot ritual and hydrating foot mask followed by a 60 minutes full body massage or 60 minutes facial, finished off by a sumptuous lunch.

Select one from the following:

Grilled lamb chops accompanied with sautéed spinach and jus.  
Barramundi accompanied with mixed vegetables and tapenade.

Bannockburn chicken accompanied with roasted honey carrots and bearnaise sauce.

Ora king salmon accompanied with fennel apple slaw

Ranger's valley sirloin accompanied with braised lentils, roasted beetroot and jus

And served with chefs selection of entree and dessert of the day with a glass of house wine.

## You, Me and Tea Package 70 minutes

**Weekday \$148**

**Weekend \$158 (Normally \$250)**

Transform your afternoon with a relaxing and indulgent pampering session which includes foot ritual, hydrating foot mask, 60 minutes full body massage or 60 minutes facial and followed with delectable afternoon tea which consist of sparkling wine upon arrival and freshly baked traditional scones with duo of house made seasonal jam and cream, selection of exquisite pastries and sandwiches, Vittoria coffee and a variety of La Maison Du The Tea at Little Collins Kitchen.

**Purchase 3 sessions of calm and collected or you, me and tea package and receive 1 session of a 90 minute Hydro-Boost Treatment worth \$235.**

### Terms & Conditions

1. Promotion is valid until 30 Sep 2014.
2. Reservation Requirements: 24hours is required
3. Package valid 6 months from the date of purchase.
4. Promotion is not in conjunction with any other promotion.
5. Promotion is available from Monday to Sunday.
6. Last order for lunch is 2.30pm.
7. Afternoon tea is available from 3pm to 5pm.
8. Treatment can be done prior or 1 hour after lunch or afternoon tea.



**The Spa**  
**Sheraton Melbourne Hotel**  
Level 3, 27 Little Collins Street, Melbourne  
Victoria 3000 Australia  
T: 61 9290 1074 F: 61 9290 1001  
E: [thespa.melbourne@sheraton.com](mailto:thespa.melbourne@sheraton.com)  
W: [sheraton.com/melbourne](http://sheraton.com/melbourne)

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# SLOW DOWN OFFER

valid Monday to Friday until 30th September 2014

## Relaxation Package 60 minutes

**\$95 (Normally \$180)**

### Stress Release Back Massage

The perfect way to release tension in the back and shoulders, this invigorating back massage will restore vitality and energy levels.

### Feet Massage

A relaxing and pressure point massage to release the tiredness in your feet.

## Blissful Package 60 minutes

**\$95 (Normally \$180)**

### Rejuvenating Bliss Facial

An instant lift me up facial to refresh tired skin. This treatment is suitable for all skin types and will leave the skin rejuvenated and smooth.

### Hand Massage

A relaxing hand massage to release the tension in your arm and hand.

**Purchase 3 sessions of our slow down offer and receive a 90 minute Hydro-Boost Treatment worth \$235.**

#### Terms & Conditions

1. Valid Monday to Friday only.
2. Promotion is valid until 30 September 2014.
3. Treatment is valid 6 months from the date of purchase.
4. Promotions are not in conjunction with any other promotion.

## Pampering Package 70 minutes

**\$108 (Normally \$210)**

### Antioxidant Renewal Treatment

The creamy texture will gently yet effectively remove lifeless skin cells with cranberry and hibiscus granules. The pure oils and shea butter replace vital moisture protecting the skins natural acid mantle whilst powerful antioxidants defend newly revealed cells against free radical damage.

### Back Massage

A relaxing back massage to release the tension whilst restoring vitality and energy levels.

## Rejuvenating Package 90 minutes

**\$148 (Normally \$280)**

### The Spa Bliss Body Wrap

Seaweed powder is used in our body wrap is rich in source of minerals, trace elements and other nutrients which helps to detoxify the body. This treatment will increase body circulation which is beneficial to reducing the cellulite. The treatment starts with a thorough body scrub, followed by seaweed application and relaxing face hot compress.

### Back Massage

A relaxing back massage to release the tension whilst restoring vitality and energy levels.



### The Spa

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